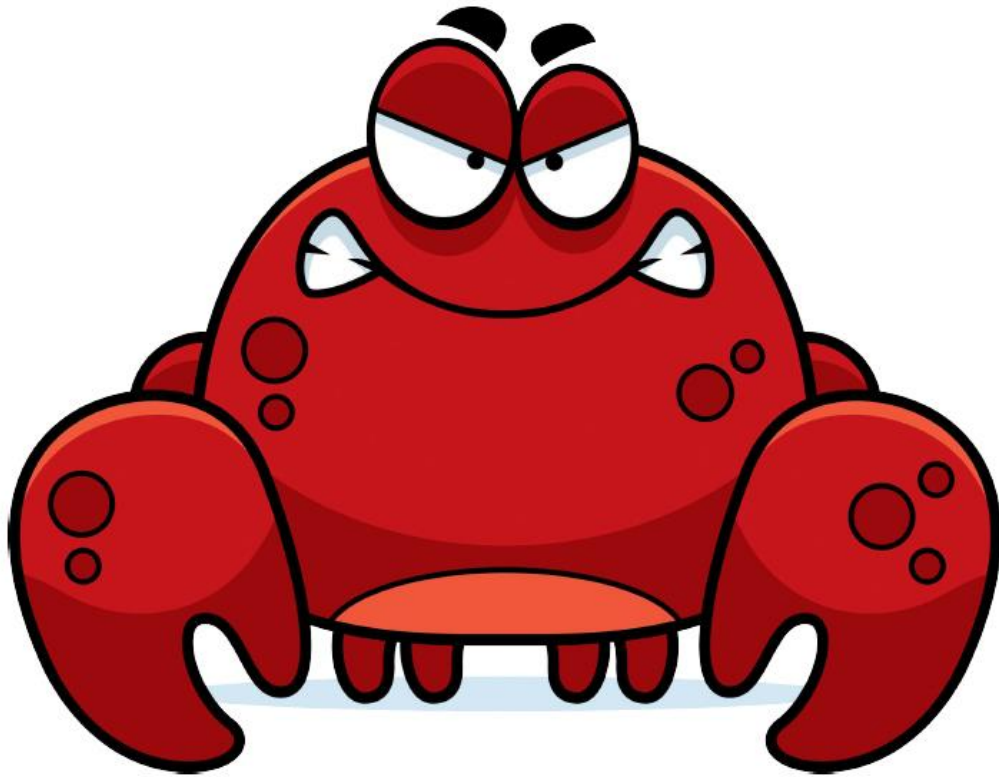


Selfish Shellfish

A Gosmos Grow Adventure



Selfish Shellfish: (Selfishness/Jealousy)

Selfishness seems to be part of our DNA. This short story will help even young children recognize that being selfish or jealous of others are qualities that lead to unhappiness.

Selfish Shellfish

A. Main Focus:

Selfishness seems to be part of our DNA. This short story will help even young children recognize that being selfish or jealous of others are qualities that lead to unhappiness.

B. The Main Concepts:

This story addresses an issue that has been part of the human experience forever ... Selfishness. It is part of the human condition to want what others have, to compare ourselves to others in the hope that we will see ourselves more favorably. It is normal but not a quality that will inspire happiness or success.

Concepts such as selfishness and jealousy are introduced in this story to provide “cue words” that can be used to create self-awareness in children. “Are you acting like a selfish shellfish right now?” “Just because she has something nice, you are becoming a selfish shellfish and becoming upset.”

C. Teach the Defining Terms to The Students

D. Listen to the Flip Book Story

E. Sample Dialogue with Students after Listening to the Story

When Cosmos saw the crabs on the beach, what were they doing?

(They were fighting over a beach ball)?

What did Carl the Crab say was the reason that they were fighting over the beach ball? (It was not because they really wanted the ball, but because they did not want anyone else to have it and not them).

Cosmos tells Carl that he knows what the crabs are being with this behavior. What two words did Cosmos use to describe the crabs? (He said that the crabs were being jealous and selfish)

Can you tell me what it means to be jealous? (Jealous means that you want something or want to do something that others have or others get to do, and you make yourself upset or act angry because of it.)

Can someone give one of the examples from the story of when Carl saw people being jealous on the beach? (One example was when the girls were being mean to the girl with the new bathing suit because they were jealous of the new suit. Another example was when the adults said that they wish the other person's umbrella would blow away because they were jealous of the umbrella.)

Do any of you have an example to share of someone being jealous?

What does Cosmos say it means to be selfish? (Selfish means that you only think about what you want and do not think about others. That you want to keep everything to yourself and are not willing to share with others. Selfish can also mean not wanting to take turns or not ever allowing others to choose what to play.)

Do any of you have an example to share about being selfish?

When someone beats you in a game or someone gets a better grade on a test, some things that we can tell that person is, "You must have worked hard to get that great grade. Good Job", or, "Congratulations on winning the game!"

If someone has something you would like to have, you must learn "Good Thinking" ways to share. "May I have that after you have finished with it?" And if they refuse, you then say, "Thanks anyway, maybe later." If you have something someone else wants, let them know when you are willing to share, or tell them you are willing to share but that you want them to return it to you when asked.

Learning to not be selfish or jealous will help us to all be happier in life.