

# Beeing Mean To Me

## A Cosmos Grow Adventure



### **Beeing Mean to Me: (Anger/Social Skills)**

Blaming others instead of taking personal responsibility will cause your child a lot of problems. But there are “Good Thinking” skills to change this behavior rather than just punishing their unwillingness to accept responsibly for their behaviors.

# Being Mean to Me

## A. Main Focus:

**Blaming others instead of taking responsibility for ourselves can cause lots of problems for a child and throughout life. And simply punishing a child for lack of responsibility is not efficient in helping them to gain the Good Thinking Skills that they need.**

## B. The Main Concepts:

**An unwillingness to take personal responsibility, blaming others for your mistakes and refusal to accept appropriate consequences is typical in children. In response adults tend to threaten them, shame them and punish them. What we don't consider is that their behavior is really a sign that there are some behavioral skills they have not developed or learned yet.**

**We use this story to introduce these typical "coping" techniques to children and adults so that everyone will recognize that they are the result of "Stinky Thinking". They are not the result of a "Bad Attitude" or the lack of severe enough punishment in the past, rather, they are the result of typical childish thinking that can change with guidance and learning Good Thinking.**

## C. Teach the Defining Terms to The Students

## D. Listen to the Flip Book Story

## E. Sample Dialogue with Students after Listening to the Story

Why did Barry not know where to go to find the flowers?

He did not pay attention when they were told the night before, and he overslept this morning and could not follow the other bees to the flowers.

Barry did not pay attention when the bees were giving instructions and then he overslept so he did not know where to find the flowers ... who's fault is it then that he did not know where to go?

It was Barry's fault. It was his responsibility to listen to the directions and it was his responsibility to wake up on time.

When the other bees in the hive told Barry that he should have paid attention and that he should have woken up on time, he told them that they were just being mean to him. Do you think the other bees were being mean to Barry?

No, it was not their responsibility to know where Barry was supposed to go. They were trying to help him by teaching him that he needed to take care of his responsibilities and then he would know where to go.

Once Barry was lucky enough to find the flowers, He wanted the others to give him the large flowers. He told them that he got a late start so they needed to give him the best flowers that they already found. When they told him to "wait your turn", Barry said they were being mean to him ... was he correct?

No, the other bees did what they were supposed to do and they got to the flowers on time this morning. They earned the big flowers by paying attention and leaving on time. Barry did not earn them, but feels they should feel sorry for him and give the flowers to him. They are not being mean to him, Barry is being mean to them.

When Barry told the Queen Bee that he had so little honey because the others were being mean to him, did the Queen Bee get upset with the others? Why?

No, because the queen knew that Barry was using Stinky Thinking and that he was blaming others for things that was his responsibility.

What did the Queen tell Barry?

She said that he failed to pay attention and he failed to wake up on time. And that when he did find the flowers, he demanded the best flowers, and asked all of this happened because they were being mean to you?

The Queen Bee helped Barry understand that the others were not being mean, they were trying to teach him to be responsible ... Do you think it worked?

What was the consequence that the Queen gave to Barry?

That he had to apologize to all of the bees he was mean to that day.

Do you agree that Barry needed to apologize to the other Bees?