

What Are Coping Skills Fables?

Coping skills Fables are for any adult; Parent, Teacher, Therapist that wants to be able to use FUN material that will change the typical irrational thinking of children (Stinky Thinking) that causes problems at home, school and throughout their life to rational thinking (Good Thinking). They will be more cooperative at home, studious at school, confident and considerate around others. We provide interesting, non-threatening Therapeutic Fables and the support material allowing you to “Coach” youth the skills to be Successful, Happy, and Pleasant to be around.

Teaching “Good Thinking” skills to youth allows them to be, “In Control” and take responsibility for themselves.

Unlike the typical self-help books, the stories of “Adventures of Cosmos Crow” are audio enhanced Flipbooks that can be streamed to any internet accessible device 24/7 and each fable also allows you to select an abbreviated Audio Book version. Check out our "[Test Drive](#)" to see how easy and enjoyable the fables in The Adventures of Cosmos Crow will make teaching children effective Coping Skills.

Coping Skills Fables

We studied the concepts of the popular and effective therapeutic techniques of Cognitive Behavioral Therapy and use them to teach effective Life Coping Skills in our series of Therapeutic Fables, “The Adventures of Cosmos Crow”. The fables can contain, worksheets, quizzes and exercises making it possible for children (and many adults) to recognize, understand and remember effective coping skills that deal with Anger, Whining, Procrastination, Anxiety, Fear, Bullying and much more.

Children will remember the situations, concepts, consequences of the fable and the "Good Thinking" coping skills provided in the fables. We offer you the ability to purchase Individual Fables (\$5) or the entire 50 Fable Bookcase (\$45) and the very helpful 50 Fables Lesson Plans Bookcase (\$12). Use these Life Coping Skills fables to help children with learning how to deal with life's difficulties and you can become a "Success and Happiness Coach"

Why you MUST teach children effective Coping Skills

If a Child

If a child believes they can't succeed ... *they won't.*

If a child believes that others will never like them ... *they won't.*

If a child believes that school is worthless... *it is.*

If a child believes that play is more important than study ... *it is.*

If a child believes that it is okay to avoid difficult things ... *they will.*

If a child believes it is OK to do "anything" to be accepted ... *they will.*

**And as long as they believe that way, you can't bribe, scare,
or punish them enough to keep it from happening.**

**TEACH THEM TO USE
"GOOD THINKING" COPING SKILLS**

What Parents, Teacher and School Counselors are saying about Adventures of Cosmos Crow

Do you want your child to enjoy a happy, successful life?

Do you know what is the greatest obstacle to your goal?

**It has nothing to do with ethnic background, family income or intellect.
It is due to your child's lack of "Good Thinking" (self-talk) coping skills.**

Right now, you can start teaching your child "Good Thinking" to deal with life in this enjoyable, proven method, as old as civilization and as new modern science, the stories of "The Adventures of Cosmos Crow".

The Adventures of Cosmos Crow will provide your organization with a way to teach effective coping skills that will be an easy to use, fun, effective and non-threatening for youth K - 8th grades. The lessons learned as a first or second grade student will still in their "coping strategies" when they are in middle and high school and even as adults.

What do parents, teachers, counselors say about using "Adventures of Cosmos Crow" with youth.

"Kids love the stories!! I observed my kids talking about the stories and what they should remember, what to do when they come to certain situations. Veronica J. 2nd grade teacher.

Each year I enjoy watching the children change their thinking as we read or listen to the story. When faced with the situation, some students remind the others of the stories before I can. The program is very engaging. Nazarrie J. 4th grade teacher

Students really enjoyed the stories and lessons learned. I really believe this is an excellent program. Kami H. 4th grade teacher

My students really enjoyed doing The Adventures of Cosmos Crow this year. They were so excited when I would say "pull out your Coping Skills book". I think this program is needed. Ingrid R. 2nd grade teacher

The program serves a guide for some children. The stories are presented in a way that is memorable to the children. They enjoy learning about correct behavior. Tanya T. 2nd grade teacher

The stories, especially Distracted Dan and Fault Finder, have been very helpful in helping the children understand why it's important to treat others the way they want to be treated and to be fully present in class and other situations. Betsey J. 2nd grade

Over the Thanksgiving Holidays, I shared the Trying Medal story with 5 of children in my family and they absolutely loved it!!!! So far, one child has tried new foods, working on not wetting the bed, almost overcome the fear of dogs and stop biting fingernails. I love this story. Thank you so much!!!

Lee B. Parent

Dr. Nice and Mr. Nasty was used with the anger management small group. The dialogue that was generated within the group was very interesting. The examples are appropriate to their age and they can easily identify themselves with the story. I liked that Dr. Nice and Mr. Nasty had worksheet, parent explanation, and quiz. Those elements help to discuss in depth the story. Thanks again and congratulations! You are doing a fantastic contribution to our students' emotional development.

Yolanda V. School Counselor

Thanks again for conducting the coping skills curriculum with our third graders this year!!!! The students loved it!!! In fact, I am adjusting my curriculums for next year and I will be adding Coping Skills for all grade levels. In hopes that you will return next year, I will plan out a coping skills lesson per month.

Thanks again! 😊Margo R., LPC, NCC, CRC School Counselor

I feel the stories are so impactful that I did not want the students to ever forget what they had been taught. After hearing from and seeing Cosmos Crow in his adventures, I wanted to give them visuals to follow the lessons as they learn with the hope that his lessons will become a permanent memory.

Melissa M. School Counselor